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CALGARY WEDNESDAY, AUGUST 12, 2009

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Celebrity Buzz

**Autopsy
results for
MJ under
wraps**
pg 18



Lost cats waiting for their owners

SHELTER Cats in Calgary are not coming back home the very next day, according to bylaw boss Bill Bruce.

There are currently 70 cats and 44 dogs in the city animal shelter that have not found their way home yet and are waiting to be claimed, either by their owners or into new homes, Bruce said.

"Unfortunately, many cats are still allowed to roam the neighbourhood, and as a result, when the cat doesn't come home at night, the owners aren't overly concerned," Bruce said.

He urged owners of lost pets to visit the city website at calgary.ca/animalservices.

METRO CALGARY

World pg 4

Girl charged over school murder plot

Entertainment pg 15



Following men with a mission



Mark MacEwan tosses some recyclables away as he rolls by on 17th Avenue, where the new recycling trash bins are placed.

Old is new again with recycling bins

ALYSSA JULIE
for Metro Calgary

WASTE If you haven't yet noticed the used trash bins the city has painted with the phrase Recycle! It's Cool and placed at parks around the city, don't worry — you're not alone.

In fact, construction worker Dustin Frick, 23, noticed the bins just yesterday while sitting and chatting with friends on 17th Avenue. And he's a self-pro-

claimed recycling expert.

City staff started this pilot project only a few weeks ago, said Centre City Parks superintendent Sylvia Hunter, after pulling out some 39 old trash bins that were simply sitting around.

"It's been an inexpensive program to try to test this out before making a bigger purchase," said Hunter, adding the city has had a direct response to the bins.

The retrofitted bins are being used to gauge the size and number of recycling re-

ceptacles the city will need when it finally invests in standard recycling bins.

Mark MacEwan, who helped organize Calgary's Rock the Bells hip-hop festival at Shaw Millennium Park this month, said the recycling bins were key to keeping the park clean.

"I guess most people with their head on straight would probably know the difference between recycling and waste, but some probably don't care," he said.

RCMP oversight slammed

Self-investigation in serious cases flawed, report argues

Mounties should not investigate themselves in serious cases that involve death or sexual assault, according to a report released yesterday.

The current system, which was used to investigate the death of Polish immigrant Robert Dziekanski at Vancouver's airport, is flawed, inconsistent and fails to instil public confidence, the Commission for Public Complaints Against the RCMP (CPC) has concluded.

"As the seriousness of an alleged offence by a member increases, the discretion for the RCMP to respond as it deems appropriate must be removed and be replaced by mandatory requirements," said CPC chair Paul E. Kennedy.

The RCMP don't have "solid policies" on how internal criminal investigations should be handled, he said.

Of the 28 cases examined, a main investigator who personally knew the ac-

Guidelines

- A manual should also be created to give Mounties guidelines on how to handle lesser offences, the report says.

cused conducted 25 per cent of them.

In 60 per cent of the cases, a lone investigator was assigned and their qualifications varied significantly.

To remedy the situation, the CPC is recommending the creation of a national RCMP member investigation registrar to co-ordinate the development of policies.

Serious investigations should be referred to an external police force or provincial criminal investigation body with the involvement of a CPC observer.

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Calgary's housing starts dropped in July as according to numbers released by the Canada Mortgage and Housing Corporation yesterday. There were 755 starts in July, down from 877 a year earlier and year-to-date activity is less than one-third of the 2008 levels. **METRO CALGARY**

Local



Fringe Festival goes mainstream

The final numbers are in and the 2009 Calgary Fringe Festival saw a 40 per cent increase in attendance over last year with 8,116 patrons attending, according to festival director Michelle Gallant. "It was a great time," she said of the event, which wrapped up on Saturday after nine days of performances. **METRO CALGARY**



News in brief

ZOOS The Canadian Association of Zoos and Aquariums says it's satisfied with a report into how a gorilla at the Calgary Zoo grabbed hold of a knife in its enclosure. Bill Peters, national director of the organization says the zoo's report explained how a keeper left the knife in the gorilla's enclosure and the steps taken since.

STATUE A statue of the Virgin Mary that was stolen from St. Alberta the Great Catholic Church in McKenzie Towne has been found. It was located in a ditch on the east side of the city, but was badly burned and it's unclear if it can be repaired. It was stolen Saturday.

COURT Arguments were heard from both sides yesterday for the sentence a Calgary man should be given for charges of robbery, confinement and sexually assaulting a tanning salon employee last year. The prosecution argued that Marcel Joseph Parent should receive a 10-year prison term followed by another decade with long-term offender status. The defence agreed with the long-term offender status but argued for a four- to six-year sentence.

AWARDS The Calgary Stampede Western Legacy Awards are now accepting nominations for the fifth annual awards honouring community members who exemplify western heritage and values. Nominations will be accepted until Aug. 21.

FOOD Homes by Avi is hosting their 19th annual "Be a Fan, Bring a Can" food drive in support of the Calgary Food Bank. For the remaining three Saturdays in August at Avi show homes, a Chili Cook Offs will happen. You can vote by donating \$2 or a non-perishable food item.

THEATRE Theatre Junction introduced their 2009-2010 season with international shows from Quebec, Toronto, Australia and Belgium. The season starts Sept. 22 with Orpheus and Eurydice. Early bird season passes are now on sale for \$215. For information visit theatrejunction.com

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Switching on to the future

High praise levied as Calgary's largest solar panel system comes online

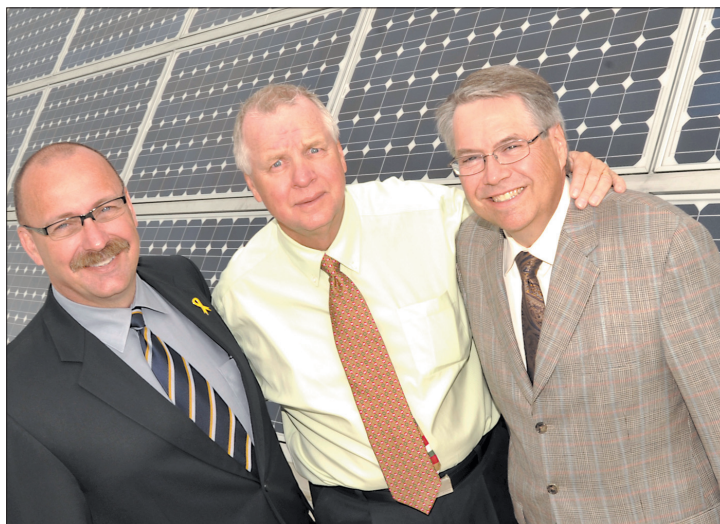
LAURENCE HEINEN
for Metro Calgary

Ald. Ric McIver would like to see other businesses follow the lead of a cutting-edge Calgary environmental company.

Along with Alberta Environment Minister Rob Renner, McIver helped flipped the switch yesterday morning to activate Calgary's largest solar Photovoltaic (PV) system at DIRT Environmental Solutions in the Foothills Industrial Park.

"I would love to see every warehouse and factory in the city covered with solar panels someday in the not-to-distance future," said McIver, noting that such a move would benefit the environment and "really put Calgary where it belongs in the forefront of the energy business in North America, if not the world."

DIRT, which stands for 'doing it right this time,' decided to install the largest corporate solar array in Calgary to supplement power to its office and factory. The 60 PV modules on DIRT's roof



Ald. Rick McIver, left, Mogens Smed, CEO of DIRT, and Minister of Environment Rob Renner, stand in front of a wave of new solar technology that will provide energy to the southeast offices and warehouse.

will generate about 12,000 kilowatt hours of solar energy, while displacing about 12,000 pounds of carbon dioxide emissions per year.

"It's the right thing for businesses to do," said DIRT CEO Morgens Smed, adding that solar

energy is now more readily available and cost effective than in the past. "If I don't see that I have a moral responsibility to the environment, then I'm being totally irresponsible as a CEO of the company."

Renner said it's great to see an Alberta business

"stepping up to the plate" to do its part to preserve the environment.

"I would think that this over time would become the norm," Renner said. "As people start to recognize the cost of carbon, renewable resources become much more viable."

City artist market gets a second life

ARTS Local artists will have a place to show off their wares with the revival of the Calgary Artist's Market in September.

Previously, Kari Woo organized and ran two events a year for artists to display and sell their crafts, but gave it up to pursue other professional obligations.

Mariko Paterson and Catherine Hein, who run a Calgary-based web store called Box Social, have since stepped in and have plans to run four shows a year beginning with the return of the Calgary Artist's Market on Sept. 19 at the Carpenter's Union Hall on 10th Street in Kensington. "Calgary kind of has a lack of galleries for this sort of genre of hand-made work," Paterson explained.

Interested artists can get more information at calgaryartistsmarket.blogspot.com.

LAURENCE HEINEN
FOR METRO CALGARY

FilmFest aims to engage public

AMY GREGSON
for Metro Calgary

EVENT The GlobalFest FilmFest is hitting the screen his weekend while promoting multiculturalism.

Festival director Ben Tsui said the event presents films that cross borders, perspectives and viewpoints.

"Hopefully it engages audience to start their own dialogue after the film and engage in more cultural perspectives," said Tsui.

Films being showcased include Dim Sum Funeral, about a group of siblings who struggle to hold a traditional Chinese funeral for their mother.

Another is Dakota Sky, about a girl who has the super power to hear the truth in what everyone says — or the lies.

In total, 12 films and shorts will be shown at the Chinese Cultural Centre



Ben Tsui, festival director at the Chinese Culture Centre, promotes the upcoming Global Film Fest arriving this weekend.

and tickets cost \$10 for each film.

A full lineup of the films

can be found at:
www.globalfest.ca/
global_filmfest.php.

Rapid transit ready to roll on Aug. 31

AMY GREGSON
for Metro Calgary

DELAYS Calgary's newest southeast Bus Rapid Transit will launch Aug. 31 despite the infrastructure delays.

Jen Malzer, senior transit planner, said two planned parking lots are designed for the route that stops in McKenzie Towne and Douglas Glen, but are still awaiting funding and construction is expected to start in the fall.

"About 10 per cent of our riders get to the system using park and ride," said Malzer. "We didn't want to delay the service because there is still a lot of passengers who will use other ways to get to transit."

The BRT has eight limited stops and operates everyday along the same route as the proposed southeast leg LRT.

Malzer said it will address a lot of service gaps the southeast is facing and will connect with existing bus routes and she expects 15,000 Calgaryans will use the BRT at first, but will grow as the southeast grows.

She says the plan is contingent on more roads south of 22x and the southeast hospital being built.

"Once those two things come together you will be able to travel further south," said Malzer, who expects that to happen in 2011 or 2012.

Ward 12 area Ald. Ric McIver said the southeast leg is a great opportunity for Calgaryans and beyond to get better service.

"The intention is that this will service a lot of the out-of-town people who use transit," said McIver.

metronews.ca

WHAT'S ONLINE TODAY

Video Canada to pursue bilateral deals after Stephen Harper says talk of a global pact has "stalled" at metronews.ca/canada



To Kill a Mockingbird pulled from high school

The classic literary novel *To Kill a Mockingbird* is being pulled from the Grade 10 English course at an Ontario high school after a parent complained about the use of a racial epithet in the book. Harper Lee's Pulitzer Prize-winning novel challenges racial injustice in America's Deep South. **TORSTAR NEWS SERVICE**

3

Canada



Young to be honoured

Eclectic rocker Neil Young, left, who has made no secret of his disdain for the Grammys in the past, is receiving a humanitarian award from the group that hands out the music industry's top honours. The Canadian singer-songwriter, 63, will be honoured during the 20th annual MusiCares gala taking place in Los Angeles on Jan. 29, two days before the Recording Academy holds the Grammys.

REUTERS

Charity sent cash abroad, auditors say

FINANCES A Canadian charity has lost its licence after auditors found most of the \$184 million it recorded during one year as charitable donations had gone offshore to a Bermuda company.

It's now unclear how much — if any — of the donations to the nobly named Funds for Canada Foundation helped the many charities it purported to be assisting. The best guess federal auditors could come up with is about \$1.3 million.

In the case of Funds for Canada, auditors found that donors who gave \$2,500 to the charity received a \$10,000 tax receipt. Most donors who took part in the program are being audited by the Canada Revenue Agency.

TORSTAR NEWS SERVICE

Female war resister wins a new review

COURT The first female Iraq war resister to seek refuge in Canada has won a new review of her case based on punishment she might face in the United States for speaking out against the war. Federal Court Judge James Russell yesterday ordered a second immigration officer to examine the case of Kimberly Rivera, who served in Iraq in 2006 and fled to Canada in 2007.

TORSTAR NEWS SERVICE

Canadians back public care: Poll

Majority are in favour of 'public solutions' to health-care issues

Days before a Canadian Medical Association meeting to be dominated by talk of privatized health care, a poll indicates overwhelming support in Canada for keeping medicare public.

The poll by Nanos Research, to be released today, found 86.2 per cent of the 1,001 people surveyed supported or strongly sup-

"There is compelling evidence that Canadians ... would prefer a public over a for-profit health-care system."

Nik Nanos, Nanos Research

ported "public solutions to make our public health care stronger."

"There is compelling evidence that Canadians

across all demographics would prefer a public over a for-profit health-care system," Nik Nanos of Nanos Research said of the poll,

commissioned by the Canadian Healthcare Coalition.

Support was strongest in Quebec, at 87.6 per cent and lowest in Ontario at 84.1 per cent.

The poll, conducted between April 25 and May 3, is considered accurate within 3.1 percentage points, 19 times out of 20.

The CMA meets begin-

ning Sunday, when outgoing president Robert Ouellet will present the results of a five-country study of health care in Europe. The study is expected to call for private clinics, such as the chain of radiology centres owned by Ouellet, to play a bigger role in Canada's health-care system.

TORSTAR NEWS SERVICE

Diplomacy Canada signs trade deal with Panama



CHRIS WATKINS/REUTERS

Prime Minister Stephen Harper, right, and Panamanian President Ricardo Martinelli wave before the start of their meeting in Panama City yesterday. Canada and Panama signed a free trade agreement yesterday. Trade between Canada and Panama was \$149 million in 2008. The deal will eliminate tariffs on most agriculture goods and machinery exported to Panama.

Study looks at creating safe drug injection sites in Ontario

HEALTH Even as the future of Vancouver's controversial supervised drug injection site remains in doubt, a group of researchers are quietly studying whether Toronto and Ottawa would benefit from similar facilities.

The study will evaluate whether there is a need in the two cities for clean, staffed medical clinics

where drug addicts can inject or use illegal drugs, including heroin and crack cocaine.

Vancouver's Insite program, the first supervised injection site in North America, has been embroiled in controversy since it opened in the city's Downtown Eastside in 2003.

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A staff member of the French embassy in Tehran who is on trial for spying has been released from jail, although she is still being prosecuted, French President Nicolas Sarkozy's office said yesterday. Nazak Afshar is among dozens of defendants at a mass trial. **REUTERS**

World



Woman in trouser case can't travel

Sudan has barred Lubna Hussein, a woman who faces 40 lashes for wearing trousers in violation of decency laws, from travelling abroad, she said yesterday. Hussein, left, said she tried to leave to appear on a TV show in Lebanon. "It emerged when I tried to get an exit visa that my name was on a blacklist," she said. "There is no way to get out of Sudan." **REUTERS**

Sentence draws condemnation

MYANMAR U.S. President Barack Obama condemned Myanmar yesterday for convicting and sentencing opposition leader Aung San Suu Kyi and called for her "immediate unconditional release." A court sentenced Suu Kyi to 18 months in detention, a verdict that will keep her off the political stage ahead of next year's elections. The court handed down a three-year prison term for violation of an internal security law, but it was immediately halved on the orders of the military government, which said the 64-year-old Nobel peace laureate could serve the time in her home. The U.S. State Department called the charges against Suu Kyi "spurious" and President Barack Obama said the conviction violates universal principles of human rights. **REUTERS**

Teen charged in school plot

State prosecutors in Germany have charged a 16-year-old schoolgirl with attempted murder for planning to burn her classmates alive this year.

The teenager from the western town of Sankt Augustin is accused of hatching a plan to lock pupils in their classrooms at her school and set fire to the building with gas bombs, prosecutors in Bonn said yesterday.

"The accused has made a comprehensive confession," prosecutors said in a statement. "According to her own statements and the investigation, she appears to have had a huge problem with fellow pupils, teachers and her parents." **REUTERS**

If found guilty of attempted murder, as well as charges of causing grievous bodily harm, planning an explosion and breaking gun laws, she faces a youth custodial sentence of up to 10 years.

On May 11, the girl entered the school armed with the gas bombs, a starting pistol and a short sword with which she planned to stab a teacher in order to steal the classroom keys, prosecutors said.

However, the plan failed when another schoolgirl stumbled upon her in the toilets as she donned a mask. The accused wounded the 17-year-old with the sword, but a teacher intervened to rescue her. **REUTERS**

Slovakia Victims remembered



Residents light candles yesterday during a memorial for miners killed in Monday's mine explosion in Handlova, Slovakia. The Slovak government will launch an investigation into the coal mine explosion which killed as many as 20 workers, Prime Minister Robert Fico said. **REUTERS**

Charity head found murdered

CHECHNYA The kidnapped head of a children's charity and her husband were found murdered in the trunk of a car in Chechnya yesterday in the latest in a string of killings in the trou-

bled Russian state.

The bodies of Zarema Sadulayeva and Alik Dzhabrailov were found with multiple bullet wounds hours after they were in Grozny. **REUTERS**

News in brief

TAIWAN About 700 people from the remote mountains of southern Taiwan were found alive overnight after it was feared they may have been buried by mudslides, officials said. The survivors from four villages made it to higher ground before walls of mud and rock submerged their homes, said an army official.

FLU Costa Rican President Oscar Arias is suffering from influenza A (H1N1), also known as swine flu, a government official said yesterday. Nobel Peace Prize winner Arias, 68, expects to return to work Monday.

HIV Fifty million women in Asia are at risk of being infected with HIV because of the risky sexual behaviour of their husbands or boyfriends, leading health experts said yesterday.

HEIST London police released pictures yesterday of two men wanted in connection with one of Britain's biggest gem heists — a \$65 million US armed raid on a luxury jeweller. **REUTERS**

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Comment

Plenty of quacks online

Outcry follows YouTube posting of ducks being shot

TheWestView

Paul
Sullivan

metronews.ca/thewestview

You know you're not a good old boy (GOB) when ... you don't get hunting. And I don't get hunting.

Call me crazy but I don't understand the great satisfaction that goes with blowing up small animals for fun. Or large animals, for that matter.

So when I watched the YouTube video of the three yahoos blowing up ducks for yucks on a Saskatchewan slough, it set what's left of my hair on fire. If you haven't seen it, it's easy to find. Just Google "YouTube duck shooters" and click straight through to shock and outrage.

And there has been an

outcry. The three GOBs in question pleaded guilty to various violations of the Dead Bird Act. Of course, they got off with a fine and a rap on the knuckles — so now their fake contrition can evaporate like a morning mist on a Prairie pond and they can go back to being full-time morons.

If the punishment fit the crime, they'd be up for an extended stay in the Hardrock Hilton for trashing nature while they run around giggling — then compounding their stupidity by posting it on YouTube. Let's see how they feel if they get to

be the sitting ducks and the jailhouse regulars get to be the hunters.

The sad truth is that one of the charges these guys pleaded guilty to was hunting out of season — a mere technicality. In season? All you need is a licence and a ridiculously overpowered firearm.

The even sadder truth is these YouTube boobos are hardly unique. There are hundreds (thousands?) of other videos posted on YouTube featuring beefy guys in high-tech gear blowing away ducks, rabbits, bears and various un-

gulates with carefree abandon, all perfectly legal, all in season.

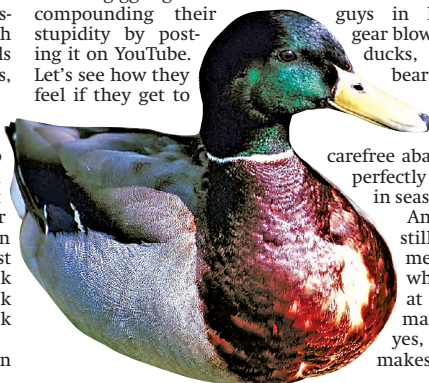
And yes, I still eat meat, which I buy at a supermarket. And yes, that makes me a

shameless hypocrite. I'm trying to quit. But here's the news: We have perfected the technology of fang and claw. There's no need to go out and actively track down dinner, unless you're one of the few thousand people left on the planet who are legitimate hunter/gatherers.

And if you try to convince me there's something special about duck à la buckshot, you're just adding insult to injury. Real men eat tofu.

GOBs, it's time to hand in your weapons. There are plenty of exciting alternatives to exterminating Daffy and Donald and an annual estimated 100 million of their woodland friends. Take pictures of ducks instead. You get to shiver for hours in a blind, just like hunting. You don't need a licence and it's a helluva lot easier on the critters.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vansullivan@metronews.ca.



Word on the street: How has the economy affected your vacation plans this year?

Colin
Gardner

age 42, Calgary

A: I lost a few months work at the beginning of the year and now I'm doing some catch-up.

Jill
Bowie

age 20, Calgary

A: I'm from Vancouver and I planned to go home, but I can't afford to miss work.

Joe
Young

age 23, Enfield, N.S.

A: Not really. A couple of times trips fell on my lap and I took advantage of them. They were very cheap.

Dorane
Bazira

age 25, Edmonton

A: I'm planning on vacationing next year so I couldn't do it this year. I don't feel the recession affected my plans that much, but I didn't travel this summer.

Pheing
Ngo

age 27, Ottawa

A: I think the economy has affected a lot of people's vacation plans. For me, I'm planning to go to California closer to the winter instead so it'll be a little cheaper.

Samantha
Thomson

age 30, Vancouver

A: (The economy) has forced me to take more vacation. In a tougher economy we look for more escapism. I just came back from France and England.



Worth mentioning

Parenting has changed over generations: Study

Fathers who were spanked as children are less likely to spank their own children than mothers who were spanked while young, according to a U.S. study.

Researchers from Ohio State University set out to see if 1990s parents followed the practices of their own mothers but found parents today were showing a lot more affection to their children, reading to them more and spanking them less.

"We were surprised that mothers seem to learn a lot about the parenting role from their own mothers, but fathers don't follow their mothers as much," re-

searcher Jonathan Vespa said in a statement.

The study of 1,133 young adult parents, whose mothers took part in a 15-year study from 1979, found significant generational changes in parenting practices. Overall, there was a large generational

shift in which the second generation of parents was much less likely to spank than their own parents.

Second generation mothers who were spanked at least once a week were found to be nearly half as more likely to spank their own children compared to mothers who weren't spanked.

REUTERS

Metro Online Poll Results

28%
SAID
YES

Do you plan to watch the upcoming movie featuring Michael Jackson's rehearsal footage?

72%
SAID
NO

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Lions Gate Entertainment Corp. said yesterday that it had reached a deal to distribute its DVDs through Coinstar Inc.'s low-cost Redbox kiosks. Many Hollywood studios believe the chain's \$1 rentals are hurting both rental revenue and DVD sales. **REUTERS**

Business

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EDITOR: FERMIN.DESOUZA@METRONWS.CA

Bankruptcies surge 51% amid job losses

Canadian bankruptcies rose 51.6 per cent in June compared to a year earlier as more consumers were unable to pay debts, but business bankruptcies rose only modestly despite the recession, a government report showed.

The number of consumer bankruptcies in June rose 54.3 per cent to 10,823 from June 2008, while business bankruptcies rose 10.8 per cent to 515, the Office of the Superintendent of Bankruptcy Canada said in a report.

Affected sectors

- Business bankruptcies were concentrated in manufacturing, retail, finance, real estate and hospitality, while the number of bankruptcies in construction fell.

"The sharp jump in consumer bankruptcies is not too surprising given we're coming off a recession, and it's probably a lagged re-

sponse to the massive job losses earlier in the year," said BMO Capital Markets senior economist Sal Guatieri. "Job losses have moderated, so we should see a slower rate of increase in consumer bankruptcies going forward."

Manufacturing, especially Canada's auto factories, has been hard hit by restructuring at the Big Three auto companies and production cuts across North America.

REUTERS

CTV asks Ottawa to regulate TV bills

BROADCASTING The Canadian Radio-television and Telecommunications Commission ought to turn back the clock and once again regulate the billing practices of cable and satellite companies, says CTV.

The broadcaster, owned by CTVglobemedia Inc., vowed yesterday to raise its concerns about "anti-consumer billing practices by cable and satellite companies" with the federal broadcast regulator during public hearings this fall.

"Canadians deserve better, including open and transparent billing practices from TV service providers."

CTVglobemedia statement

"At a time when cable and satellite companies are experiencing record revenues and profits, Canadians deserve better, including open and transparent billing practices from TV service providers," stated CTV.

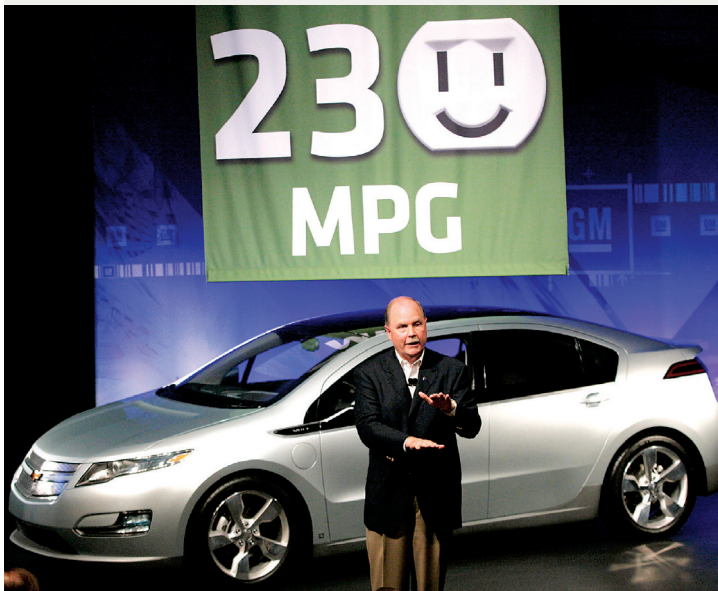
The CRTC began deregulating basic cable rates in 1997 as satellite providers added fresh competition to the market.

CTV is accusing both cable and satellite providers of misleading consumers about impending fee hikes set to hit bills in September.

CTV is accusing both cable and satellite providers of misleading consumers about impending fee hikes set to hit bills in September.

TORSTAR NEWS SERVICE

Michigan GM goes electric



General Motors chief executive Fritz Henderson announces the electric Chevrolet Volt during a news conference in Warren, Mich. GM said the Volt is on track to hit an unprecedented fuel economy rating of 100 kilometres per litre (230 miles per gallon) in city driving.

July brings unexpected drop in Canadian housing starts

REAL ESTATE Canadian housing starts fell unexpectedly in July, dropping 4.1 per cent from June and breaking a two-month run of gains, largely because of a drop in construction of multi-family dwellings.

Canada Mortgage and Housing Corp. said yesterday that starts fell to a seasonally adjusted annualized rate of 132,100 units in July from a downwardly revised 137,800 units in June.

Analysts had forecast a rise to 145,000 starts. June starts were previously reported at 140,700 units.

The fall in July was attributed to a nine per cent decrease, to 61,000 units, in starts on urban multiple dwellings such as condos and apartment buildings.

Single-family homes dipped 1.1 per cent to 52,500 units. The figures paled against the buoyancy of recent data for existing home sales and building permits, but economists were encouraged that the July number was still above the average for the second quarter.

REUTERS

Business in brief

RETAIL Rona Inc. reported a lower second-quarter profit yesterday. Canada's biggest home-improvement chain, with about 700 stores across the country, said earnings fell to \$60.8 million from \$76.6 million a year before.

WIRELESS Canada will examine the proposed \$1.13-billion sale of Nortel Networks Corp. assets to Ericsson under the Investment Canada Act, Prime Minister Stephen Harper said yesterday. "There is a process in place to ensure that the transactions are examined when they are of a significant size and to ensure they are in Canada's national interest," Harper told reporters in Panama City.

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Spezza invited to Olympic camp

Jason Spezza will replace the injured Ryan Getzlaf at the national men's Olympic team orientation camp, Hockey Canada announced yesterday. **METRO NEWS SERVICES**

7

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

'Every athlete likes a challenge'

Van Koeeverden upbeat after recovery from injury

MATTHEW WUEST
matthew.wuest@metronews.ca

A free helicopter ride around the Grand Canyon might sound like the highlight of a memorable summer vacation.

But when it's the Arizona Department of Public Safety airlifting you out after you broke your ankle while whitewater rafting — and you're one of Canada's most recognizable Olympians — that free ride is a nightmare you'd rather forget.

That's the story three-time Olympic medalist Adam van Koeeverden has to tell heading into the world sprint canoe-kayak championships tomorrow in Dartmouth, N.S.

"It probably wasn't the

Medal hopes

• Among Canada's other top medal hopes are Mark Oldershaw in the canoe singles events; Karen Furneaux in women's kayak singles; Richard Dobler and Andrew Willows in men's pairs kayak; and the women's K-4 team.

TORSTAR NEWS SERVICE

best way to get a Grand Canyon helicopter trip around the Hoover Dam," van Koeeverden admitted with a wry grin at a press conference yesterday.

The injury certainly didn't help his bid to rebound after a disappointing showing at last summer's Beijing Olympics, where he offered a dejected apology on national television for

an eighth-place finish in the K-1 1,000 metres.

Yet the only visible evidence of the June 16 accident is a three-inch scar on his right ankle — the result of surgery and having four half-inch screws drilled into his fibula.

He's calling the whole thing a "positive experience."

"I got back on the water feeling better than I did when I left," he said. "The rest definitely did its job."

The 27-year-old native of Oakville, Ont., said he only took three days of training completely off and had "a solid seven weeks of preparation" for the world championships.

"It was a challenge," he said.

"But every athlete likes a challenge."

Sports in brief

COYOTES Judge Redfield T. Baum yesterday scheduled a Sept. 2 hearing to determine whether RIM co-CEO Jim Balsillie is qualified to bid in the Sept. 10 auction for the Phoenix Coyotes.

F1 Michael Schumacher has called off his much-anticipated Formula One comeback because of lingering injuries from a February motorcycle crash. The seven-time champion was to fill in for injured Ferrari driver Felipe Massa.

BLUE JAYS Hideki Matsui and Jorge Posada hit back-to-back solo homers in the eighth inning to give the New York Yankees the lead, and the club held on to edge the Toronto Blue Jays 7-5 in the middle duel of a three-game set.

TENNIS World No. 1 Roger Federer eliminated Frederic Niemeyer, a native of Deauville, Que., at the Rogers Cup in Montreal yesterday 7-6 (3), 6-4. Peter Polansky of Thornhill, Ont., lost to No. 4 Novak Djokovic 6-4, 7-6 (6).

CFL Winnipeg running back Fred Reid and defensive tackle Doug Brown, Hamilton linebacker Markeith Knowlton and British Columbia kicker Sean Whyte were named the CFL's top players for the sixth week of the season.

METRO NEWS SERVICES

Basebrawl Fracas at Fenway



Kevin Youkilis of the Boston Red Sox, bottom, fights with Detroit Tigers starting pitcher Rick Porcello after Porcello hit Youkilis with a pitch during the second inning last night at Fenway Park in Boston. The Red Sox won 7-5.

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

All charged up

Affordable electric cars no longer pipedreams

MARK ATKINSON
for Metro Canada

The world has a serious demand for environmentally friendly vehicles, and the automotive market is poised for an electric revolution. The latest wave of electric vehicles that were once only auto show pipedreams are now only a few months away from general consumption.

Many manufacturers currently have plans for new electric vehicles in the not-so-distant future, but Ford, General Motors and Nissan seem to be the closest to reality.

One of Ford's projects has a Canadian bent: Magna In-



The upcoming Chevrolet Volt has attracted plenty of attention in the last few years.

ternational, the Aurora, Ont.-based parts maker, is co-developing what's now been revealed as a battery-electric version of the next-generation Focus, due to arrive in 2011. However, it will be beaten to showrooms by Ford's other battery electric vehicle (BEV), an electrified version of the new Transit Connect small cargo van in 2010.

"We're changing from a company focused mainly on trucks and SUVs to a company with a balanced product lineup that includes even more high-quality, fuel-efficient small cars, hybrids and all-electric vehicles," said Mark Fields, Ford's president of the Americas. "As customers move to more fuel-efficient vehicles, we'll be there with more of the products they really want."

General Motors knows that its plug-in hybrid, the upcoming Chevrolet Volt, has attracted plenty of attention. Even Ontario Premier Dalton McGuinty stood beside a pre-production model during his recent announcement of a

Nissan claims its LEAF will be the world's first affordable, zero-emission car.



\$10,000 government rebate on range-extended hybrids and battery electric vehicles.

However, to everyone's surprise, GM announced another vehicle that will take advantage of the Volt's cost-ly powertrain ... and it's a Buick. Announced late last week, the as-yet-unnamed small Buick crossover will be plug-in ready in 2011. The lithium-ion battery will fully recharge in four to five hours by simply con-

necting the vehicle to any standard household electrical outlet.

"Buick has always been at the forefront of new technology, so it is only fitting that the brand should debut our new plug-in hybrid technology in a beautiful new crossover," said Tom Stephens, GM's vice chairman of product development. "This will firmly put Buick, and GM, front and centre in the advanced technology game."

Finally, Nissan shocked the world earlier this month when it announced its new battery-electric LEAF.

The company calls LEAF the world's first affordable, zero-emission car. Designed as a five-seat hatchback, the LEAF uses lithium-ion batteries and promises to travel more than 160 km on a charge.

According to Nissan Canada, the BEVs will be on the roads in Canada in 2012.

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Everyone now say the H-word

Hydrogen is never found by itself in nature. But it is one of the most plentiful substances on earth.

In Canada, there might be 10 filling stations where a person might buy it.

Ry Smith is director of the Hydrogen Village, an outreach project of the Canadian Hydrogen and Fuel Cell Association. He notes we may have been spoiled by gasoline, which is incredibly easy to move around: "If you had to, you could probably carry gasoline around in a pail."

There is no doubt that hydrogen is trickier to move around.

It's a gas so you want to compress it, to make it more compact. That

takes energy and stout tanks. If you really want to make it super compact, you can even liquefy it, which takes more energy and then it needs to be kept very cold. The BMW Hydrogen 7 runs on liquid hydrogen, so the cars have more range.

The other way is to make hydrogen is right at the fuelling stations. Honda is experi-

menting with a "home" unit that makes hydrogen from natural gas. (Then you could have a fuel cell in your house, for all your electricity needs.)

Considering we are moving to a post-fossil fuel future, we just might have to accept a bit more complexity in our energy infrastructure. But there is no

AutoPilot

Michael Goetz

metronews.ca/autopilot

technical hurdle we need to overcome for a hydrogen infrastructure to take root.

The problems concern politics and commerce. The auto industry doesn't want to keep investing in hydrogen vehicles unless there are hydrogen filling stations coming.

The energy industry doesn't want to invest in hydrogen stations, unless there are thousands of hydrogen vehicles. But there is no

coming.

The government is not ready to mandate anything; it would rather let market forces be the arbitrator of winning technologies and winning companies.

So we have this uneasy equilibrium, creating an arid environment for the growth of hydrogen infrastructure.

Smith believes the best way to roll out the infrastructure is to let centralized fleets be the pioneers. That way one could make a fuel station business case work right off the bat.

Smith believes it's a certainty that hydrogen will be part of our future energy picture — automotive and otherwise — especially as we move to more re-

Fun with hydrogen

- Hydrogen is a beautiful fuel because when you use it for energy, its only "emission" is water vapour.
- You can design an internal combustion engine to run on hydrogen (as per the BMW Hydrogen 7), or you can use it to feed an on-board "fuel cell" to produce electricity to juice a motor (as per the Honda FCX Clarity).
- The most obvious "feedstock" is H₂O (or water). But most hydrogen currently produced comes from hydrocarbons, like natural gas and coal.

newable sources of electricity, like wind and solar.

So, right now there are more plot lines in the hydrogen story than The Young and the Restless. So don't touch that dial!

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years.

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An Eclipse to watch

Redesigned coupe shows its colours

ROB BIENTEMA
for Metro Canada



Yellow sports cars. Always seemed like overkill to me. Gilding the lily. Clamouring for attention. Unnecessary. An extrovert's exercise in ego-boasting.

I mean, having a sports car should be statement enough. Do you really need it in "hey, look at me!" yellow just in case nobody notices?

So maybe I was a little dubious as I took my first walk around the car.

Or maybe I'd just got out of bed on the wrong side that morning because, as I circled the car, I grudgingly came to admit that the 2009 Mitsubishi Eclipse Coupe looked pretty damn fine after all. Even in yellow.

Solar yellow is one of three new colours for the Eclipse this year, along with Maizen Blue pearl and Quick Silver metallic.

Personally, I've always been partial to the burnt orange shade of Sunset Pearlescent, particularly handsome on this car. But almost any colour seems to compliment the play of light along the curvaceous lines and sinuous flanks of this fourth generation Eclipse.

For 2009, the front and rear bumper fascias have had a facelift. The aggressive front end adopts the gaping grille 'jet fighter intake' design cue from the popular Lancer Evolution, a look that is spreading across the Mitsubishi lineup.



The Eclipse Coupe's interior features large, easy-to-read instruments and a modern entertainment interface.

There are two model choices within the Eclipse

Coupe lineup — a four-banger base GS and an upscale V6-powered GT-P version. We'll leave the Eclipse Spyder convertibles for another story.

Under the hood, the base Eclipse GS starts things off with the standard 2.4-litre, 16-valve, SOHC four-cylinder engine equipped with Mitsubishi Innovative Valve timing and lift Electronic Control

The Mitsubishi Eclipse Coupe boasts beautifully executed styling revisions and other improvements for 2009.



(MIVEC) technology, making 162 hp at 6000 rpm and 162 lb/ft of torque at 4000 rpm. This engine is

unexciting but fairly frugal, rated at 10.5/7.3L/100km (city/hwy)(manual).

As tested here, the GT-P's six-cylinder engine, also enhanced by the MIVEC system, ups the power ante significantly, adding over a hundred more horses with a corresponding increase in torque.

Officially, the 3.8-litre, 24 valve, SOHC V6 harnesses 265 hp at 5750 rpm and 262 lb/ft of torque at 4500 rpm. Fuel economy is rated at 13.1/8.0L/100km (city/hwy)(manual).

This was a fun engine to row through the gears, powerful and responsive. Inside, the Eclipse Coupe is comfortable for two.

The one-piece highback front buckets feature open headrests for a sporty look and enhanced rear visibility and were inspired by Mitsubishi rally cars.

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2009 Mitsubishi Eclipse Coupe

Type: Four passenger, two-door sports coupe

Price: GS \$25,998; GT-P \$34,798

Engine: GS 2.4-litre four-cylinder (162 hp, 162 lb/ft); GT-P 3.8-litre V6 (265 hp, 262 lb/ft)

Highlights

- New colour options
- Fun to drive
- Impressive redesign

Automakers showing sunny side

EMMA E FORREST
Metro World News



One of the problems with electric cars is that while they are cheap to run and emissions-free, the electricity to fuel them still has to come from traditional energy sources.

But by using solar photovoltaic cells you can convert energy from the sun — which is both free and sustainable.

It's not a flawless plan as production of the cells and batteries uses energy and right now the solar set up is expensive. But could solar energy be the way forward for cars?

We're a long way off fully

solar-powered cars going into production — you can't get enough charge from panels that fit a regular car's roof to run a car. But the use of solar power is starting to creep into the mainstream.

Buy an Audi A8 and you'll have the option to add a solar panel sunroof that can enhance the air-conditioning.

On the 2010 Toyota Prius, you'll be able to include a solar panel that powers an electric fan to cool the interior.

Other solar-booster cars come from Koenigssegg, Pininfarina-Bolloré and Fisker. Cars might lack space for solar cells, but panels on garage roofs could boost solar power potential.



Solar panel sunroofs are slowly creeping into the mainstream.

Right now the only completely solar power-driven cars out there are prototypes designed to showcase the potential of photovoltaic cells.

Most look like flying saucers — ultra-lightweight, with minimum passenger space and plenty of surface area for panels.

Solar power pioneers set annual challenges to showcase development in batteries and the technologies.

Teams of students race cars that use as much power as a hairdryer does from Texas to Alberta, Canada in the North American Solar Challenge. This October sees the 10th edition of the World Solar Challenge, with solar-powered corporate and academic boffins driving solar-powered vehicles 3000km from north to south Australia.

And there's the rub: you can travel for days on sun-power if you live in climate-change-ravaged Australia, but how far can you go if you live somewhere where it rains all year?



Audi A8, above, and the new Toyota Prius are some of the few models that offer solar panel sunroof option.

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York University's Schulich School of Business is listed as the top business school in Canada in Forbes' biennial ranking of global business schools. Schulich placed sixth worldwide among non-US two-year MBA programs. **METRO NEWS SERVICES**

Forbes ranks Schulich No. 1

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Crashing, burning and getting paid



"People see the easy days and think, 'I could do that.' They don't see the days you break your arm."

Stuntman James Bamford



As a stuntman and stunt coordinator, James Bamford has been burned alive on numerous occasions, he says.

Backstage Pass

RAFAEL BRUSILOV
for Metro Canada

James (Bam-Bam) Bamford has been burned alive, bashed with furniture and thrown out of high places thousands of times.

The 42-year-old stuntman, stunt coordinator and president of Stunts Canada has performed and managed stunts for more than a hundred movies and TV shows like Get Carter, Blade Trinity, Battlestar Galactica and Stargate Atlantis. If you saw the trailer for the recent movie Watchmen, that was Bamford getting kneed in the chest by Night Owl in a prison fight scene.

Bamford was a juvenile corrections officer and taught martial arts before getting into his start in stunts about 17 years ago. A stunt coordinator called him looking for a stunt double who could do mar-

tial arts for the TV show Cobra and tall, trim Bamford fit the bill perfectly. The director nicknamed him Bam-Bam that first day on set and the name has stuck with Bamford since. Bamford doubled for David Duchovny for most of The X-Files' entire run and was primary stunt coordinator on the recently ended series Stargate Atlantis.

Throughout his stunt career Bamford has worked with dozens of action stars like Sylvester Stallone, Arnold Schwarzenegger and Vin Diesel. Gwyneth Paltrow smashed him over the head with a stool in the film Duets and he has been light on fire, thrown off cliffs and hurled through windows more

times that he could ever count. While some people probably think that all sounds like a barrel of fun — and Bamford insists that it certainly is — doing stunts correctly and safely is much harder than it looks.

"People see the easy days and think, 'I could do that.' They don't see the days you break your arm," Bamford said.

"It takes an incredible amount of concentration and an incredible amount of athletic ability to perform a stunt correctly. Just to jump off a building you have to train your brain to allow you to do it. A stuntman is not a daredevil," he added.

While safety is paramount, no stunt is 100 per cent safe — that's why stunt people get hired in the first place.

"We're a calculated risk but there's always that risk. You try to make a stunt as foolproof as possible but the more variables you add, the more risk

there is. For a 30-second fight sequence, the audience has no idea how much rehearsal goes into it. Prep is everything," Bamford said.

When things go wrong, they can go very wrong very quickly, like one time Bamford performed a sword-fighting scene with an actor who went off of the choreography. Bamford got his nose sliced open and barely missed losing an eye, all because of one small change the actor had made to his movements, without warning Bamford in advance.

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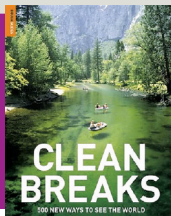
City of bargains

If you're a fan of flea markets, head to the Braderie de Lille, Europe's largest flea market, to be held in Lille, France from Sept. 5-6. More than one million visitors stroll the city's streets that weekend to shop, take in street performances and eat moules frites, or mussels with fries. **METRO NEWS SERVICES**

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Travel

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Low-impact travel

If you find the concept of eco-friendly travel — not to mention so-called responsible travel — intriguing in theory but difficult to put into practice, check out *Clean Breaks: 100 New Ways to See the World* (Rough Guides) by Richard Hammond and Jeremy Smith, \$34.99. The book offers up all kinds of concrete ideas for trips that both minimize your negative impact on the earth and maximize your positive impact on a destination. **METRO NEWS SERVICES**

5 pint-sized pod hotels

Smaller is better at this new breed of accommodation

ROMINA MCGUINNESS
Metro World News

These days, you can get miniature versions of just about everything: Magazines, toothpaste, mascara brushes ... the list is endless. But now travellers are searching out mini-sized hotel rooms that can serve as a sort of glorified locker while one heads off to explore a destination.

The concept of the pod or capsule hotel stems from Japan, where they were designed to give people with busy working lives — not to mention those who had a few too many shots of sake at a client dinner and missed the last bullet train home — a place to crash in for a few hours sleep.

The focus here is on cheap, comfortable and compact but stylish rooms that still manage to cram the latest technologies, from iPod docks to flatscreen TVs. Choose from these top five capsule hotels from New York to Tokyo:

The Pod Hotel, New York: Pod and blog

The concept: Although there is no denying the simple, stylish and high-tech pods are great value for money, this is of sec-



Two examples of the pod hotel concept in New York include, left, The Jane, which features cabin-style rooms, and right, The Pod Hotel.

ondary importance at The Pod, where the focus is on saving energy (and cash) for socializing, interacting and discovering New York City. Stop at the Pod Café, a rooftop bar serving home-style organic food for a chat with your pod pals, or find out about their experiences on the Pod Community Blog, where guests can post comments about their stay, making it a sort of on-line concierge service.

Expect flash updates on what's cool in town, including music, free events and activities.

Price per pod: From about \$112 per night.

The site: thepodhotel.com

The Jane, Manhattan: Survivors, sailors and holiday makers

The concept: This landmark hotel in New York's West Village was built as a hotel for sailors and restored for its centenary in 2008. The building's cabin-style rooms sheltered the stranded survivors of the Titanic in 1912, but you're now more likely to come across hip but cash-strapped travellers than seafarers these days. The pod-sized rooms have the look and feel of a luxury ship's cabin — mixing iPod docking points and free Wi-Fi with antique fans. If you get a bit of cabin fever,

the rest of the hotel is fortunately not based on the compact cruise ship concept — the grandiose ballroom lounge is always buzzing with guests also in search of open space.

Price per pod: From about \$112 per night.

The site: thejanenyc.com

Votel! , Heathrow Terminal 4, Gatwick South Terminal and Schiphol: Capsule cabin

The concept: Missed your flight? No need to strain your neck sleeping on a row of seats in the departures lounge when you can snooze for a couple of hours in a capsule-sized



cabin with 24-hour room-service, monsoon showers and a jukebox to sing along to.

The pods are modelled after the interior of a plane — you are after all, in an airport — with rooms designed for travellers with overbooked schedules and a thirst for technology and comfort.

If you have time to kill before check-in, opt for a premium cabin featuring a techno wall with flatscreen TV, surround-sound and iPod docks. But don't get too comfortable, or you may miss your flight.

Price per pod: From about \$53 for four hours or \$114

per night.

The site: yotel.com

Qbic, Amsterdam: Cubed and Tuned

The concept: A four-poster bed, a shower and chair packed into just seven square metres — this is no dollhouse, but an average room at the Qbic, where interior designer Philippe Starck created the decor.

Everything here functions on self-service, from check-in to the Grab & Go vending machine that dispenses everything from snacks to toothpaste and neckties.

Read more on page 14 »

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Lufthansa has launched a new "sunshine insurance" offer to boost sales by offering its German customers money back if it rains on their holiday. For an extra fee those flyers can book flights with the added insurance to 36 destinations worldwide. **REUTERS**



YUKO MAKINO/REUTERS

A staff member sits on a leather seat inside Japan's first Hermès helicopter, which will provide a 30-minute luxury shuttle service between central Tokyo and Narita International Airport.

Hermès chopper offers quick ride to Tokyo airport

AIR TRAVEL Got to get to Narita airport from downtown Tokyo but pressed for time? Soon you will be able to hire a Hermès helicopter — and make it in just 30 minutes.

Japanese property developer Mori Building Co is launching a 30-minute luxury helicopter and limo service between a rooftop in the central district of Akasaka and Narita International Airport, normally a 70-kilometre ride that takes an hour and a half.

Apart from helping cut

travel time, the city's first such service will allow passengers to look down on Tokyo from the luxury of the rich-brown calf-leather seats of a \$10 million US EC135 model designed by French luxury brand Hermès.

The white chopper with ribbons in the classic Hermès orange painted along the sides can carry four passengers and will operate up to 22 flights a day starting Sept. 16.

The cost is \$790 for a one-way ride. **REUTERS**

>> Continued from page 13

The high point of your short stay? In your quirky Cub' living space you'll be able to adapt the lighting — mellow yellow, red romance, deep purple love — to suit your mood.

Price per pod: From about \$125 per night.

The site: qbichotels.com

Capsule Inn Akihabara, Tokyo: Inn Tokyo

The concept: You can sleep in a capsule that's the exact replica of a jet airplane cockpit in Tokyo's original pod hotel.

Like other pod hotels, Capsule Inn has separate floors for men and women, although sharing would be physically impossible as these functional pods are about the size of the average tanning booth rather than a hotel room. They are definitely not for the claustrophobic. There's also a main lounge area for those waiting for their next shuttle train home, or to the office.

Once nestled in your capsule bed, you'll be pleasantly surprised to find that there's still the space for a TV, radio, adjustable lighting and of course, an alarm clock — to make sure you actually make it back to work in time.

Toothbrushes, robes (Yukatas) and razors (to get rid of morning stubble) are



Two views of the rooms at Qbic, a pod hotel where guests can change the colour of lighting in their tiny living quarters.

supplied free of charge and although the inn has no eating facilities, there is a world of options waiting outside. If you need to check your email or join a conference call, the ground floor lounge has free Internet.

Price per pod: From about \$55 per night.

The site: capsuleinn.com



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Imaginarium trailer now online

The trailer for The Imaginarium Of Doctor Parnassus, which features Heath Ledger in his final role is now online. Director Terry Gilliam cast Johnny Depp and Colin Farrell take over the scenes Ledger had not yet filmed. [POPEATER.COM](#)

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Entertainment

EDITOR: DEAN.LISK@METRONews.CA



Nude photos

Nude photographs of Twilight star Ashley Greene have hit the Internet — and the actress' attorney is warning: Post them and you'll likely get sued.

PEOPLE.COM

Mission accomplished

Tarantino revives popular genre with Inglourious Basterds

PHIL BROWN
for Metro Canada

Quentin Tarantino's latest pop art extravaganza, *Inglourious Basterds*, once again resurrects a formerly popular genre.

Having previously dabbled in the heist film, blaxploitation cinema, the chopsocky epic, and grindhouse horror, Tarantino has now turned his attention to a specific subset of war movies: The men-on-a-mission tale.

These films typically involve following a group of walking piles of testosterone on a seemingly impossible mission. Tarantino has assembled a colorful cast of characters, lead by Brad Pitt, who make it their goal to inflict as much pain on Adolph Hitler's Nazis as possible during the Second World War.

As always, his film is steeped in movies of the past. Here are a few examples of the best men-on-a-mission movies that preceded *Inglourious Basterds*.

The Dirty Dozen: The granddaddy of all men-on-a-mission tales refines the genre to its most basic components. We see a group of badass actors assembled for a special mission, watch them train, fight, and bond with each other, and then see the



Inglourious Basterds hits theatres next week

Brad Pitt is a man on a mission in Quentin Tarantino's *Inglourious Basterds*.

gang head into the big game for a massive and gloriously violent climax.

The cast is stocked exclusively with guys' guys like Lee Marvin, Charles Bronson, John Cassavetes, and football great Jim Brown. Even at an epic 150 minutes, this is a streamlined action feast made to appeal to the audience's base macho instincts. The movie

has become a cable classic for a reason: It elicits the same hoot-and-holler response from the target audience as a football game.

The Big Red One: Writer/director Sam Fuller made a career out of aggression and sensationalism, but didn't create the most personal and arguably best film of his career until his '70s. *The Big Red One* once again puts Lee Marvin in command of a group of soldiers during the

Second World War, but this time Fuller mixes depressing wartime realism with the over-the-top theatrics (including the finest cinematic depiction of D-day until Spielberg went to Normandy).

Available in a sadly truncated theatrical cut and an overlong, but more satisfying director's cut, this is one of the most unsentimental war movies out there.

The Inglourious Basterds: Tarantino stole the title and

"These films typically involve following a group of walking piles of testosterone through a seemingly impossible mission."

atmosphere from this ridiculous Italian exploitation flick from the '70s, but little else. The movie is about a group of American soldiers being sent home for various crimes (including murder), whose transport gets attacked by Nazis, forcing them to fight their way through Germany to make it to Switzerland and freedom.

It's absurdly violent and over-the-top, but that's just part of the fun. Starring '70s exploitation icon Fred Williamson, this is a lost trash classic.

Saving Private Ryan: Though Steven Spielberg's trademark sentimentalism and humanism might keep most audiences from recognizing it as being part of the genre, this is a men-on-a-mission film through and through. The movie has all the action and macho one-upmanship that defines the genre, it's just presented in a more realistic and Oscar friendly package.

Take off the unnecessary wrap around plot at a military graveyard and this is one of the purest and most entertaining men-on-a-mission movies ever made.



Grauman's Chinese Theatre.

Grauman's Chinese up for sale

MOVIES Amid seismic shifts in the local movie exhibition business, Warner Bros. and Viacom are stepping up efforts to unload Los Angeles-area movie theaters piecemeal, including the iconic Grauman's Chinese in Hollywood.

Such an exit would conclude an initially profitable but more recently tedious tenure of ownership for the studio companies.

Executives at Cinemerica — the co-venture of Paramount parent Viacom and Warners that operates Mann Theatres — believe the timing is right to make a concerted run at selling one or more of its venues. Two are considered especially attractive: The fabled Grauman's and the Criterion in Santa Monica.

"Grauman's and the Criterion are kind of the diamonds in the circuit," Cinemerica chief Millard Ochs said.

Opened by Sid Grauman in 1927, the storied Chinese — whose famous footprints out front are a tourist draw — was sold in 1973 to the late Ted Mann. For years, the site operated as Mann's Chinese but returned to its Grauman's moniker in 2001. **REUTERS**

Octomom to get primetime showcase on Fox



Nadya Suleman

Fox will air a two-hour documentary special on Nadya Suleman, Octomom: The Incredible Unseen Footage, Aug. 19.

The program draws from seven months of exclusive access to Suleman, starting with the birth of her octuplets in January.

Fox said viewers will "witness the emotional struggles, physical complications and financial burdens of this single mother of 14 ... including the private moments and reactions of Suleman's family, as well as Suleman's own

feelings, doubts and fears."

Like her octuplets, the unmarried Suleman's six older children were conceived via in-vitro fertilization. "It's emotional, it's compelling, you're watching her go from miracle birth woman to tabloid fodder," said Fox president of alternative Mike Darnell. "You don't even need narration, it's incredible footage. It's a little bit of a train wreck, and it's really entertaining to watch."

Fox's project shouldn't be confused with Suleman's previously announced U.K.

reality show from producer Eyeworks. Despite generating national media headlines, that effort has not yet announced a U.S. distributor. Although the controversial single mother has been the subject of enormous public interest, some networks have been wary of buying a Suleman project, fearing viewer backlash and advertiser squeamishness. Darnell himself expressed no interest in an Octomom project when asked a few months ago.

"I would not have been interested in shooting a se-

ries with her, ever," Darnell said. "But since this footage was already shot and she's such a hot topic and it's so compelling ... I meant it when I said we wouldn't have done a TV series. But a two-hour documentary makes for good television."

The Fox special's footage was shot by RadarOnline, which reportedly was cited by the California Labor Commission for violating child labor laws during production. Radar was accused of failing to get state permits and videotaping Suleman's infants for too many

hours at a time. Radar has posted numerous stories on Suleman, many accompanied by video clips.

The Fox special, however, consists of never-before-seen footage.

The Radar footage was acquired by prolific reality producer Craig Piligian (Dirty Jobs), who in turn sold it to Fox. The network and Piligian had no part in the content's controversial production. Darnell said that Fox's understanding is that the Labor Commission matter has been resolved. **REUTERS**



Elton and Alice
Elton John is among the rock legends who are collaborating on Alice in Chains' new album, *Black Gives Way to Blue*, which hits stores at the end of September. **METRO NEWS SERVICES**

Oksana avoiding Mel's shadow

PEOPLE Russian-born beauty Oksana Grigorieva, the soon-to-be mom of Mel Gibson's child, is ready to step out into the limelight on her own terms — not as the girlfriend of an A-list celebrity.

The 39-year-old classical pianist, who is releasing her debut pop album *Beautiful Heartache* on iTunes and her own website through Gibson's Icon Entertainment, has been a subject of fascination since the Oscar-winning director and actor went public with their relationship after his wife of nearly 30 years, Robyn, filed for divorce in April 2009.

Grigorieva said she is very much in love but plans to keep separate residences for now. She wants the public and media to learn who she is.

"I'd like to be judged if so, by my art, by my music. That's primarily why I'm here. Of course, if the tabloids wrote the truth about most of people, maybe it would be really boring," Grigorieva told Reuters in her first interview. "(Music) is what I've been doing since I'm three years old."

REUTERS

Idol life ain't all glitz, glamour

About halfway through a demanding 52-date North American tour with the other top-10 American Idol finalists, runner-up Adam Lambert exudes a kind of golly-gee lucky-me attitude.

It isn't easy. Travelling mostly by bus — actually three buses, one for the guys, one for the gals and one for the band — the 27-year-old Californian admitting the hit-and-run touring schedule is taking its toll. "It is a bit tiring but it's definitely worth it. Any time I feel a little bit tired when I get onto the stage for my set, I'm immediately charged up by the audiences," Lambert said.

"The audiences have been so positive and passionate about what we do and they definitely make you forget about being tired when you get out there," he added.

Back when Lambert toured back in 2005 with the first North American tour of the Broadway hit *Wicked*, he got to spend extended periods of time in each city.

This tour, which hits

Hamilton, Ont., on Friday is, well, "different," he said.

"There's 11 of us on one bus and the bus is not that large so it's definitely close quarters. It's a good thing that we all get along as well as we do," Lambert said. "It's a lot of work but ... we're all goofy together, we make each other laugh. The food is not great, I'll be honest with you ... but you live with it."

Down time is virtually non-existent, though Lambert got to spend four hours recently in the tony Washington, D.C. suburb of Georgetown, wearing dark glasses and a trucker hat to retain his anonymity.

But the mascara-wearing, flamboyant, "out" star of Season 8, is looking to a future of touring as a performer and this one, as gruelling as it is, amounts to good practice.

"This is the first time I've gone from city to city, like, daily. So it's definitely learning experience and it's a kind of initiation for all of us for the rest of our careers, I think," Lambert



American Idol runner-up Adam Lambert exudes a lucky-me attitude, despite a hit-and-run touring schedule.

said.

In addition to the touring, there's also requests for interviews for the guy who became an unwitting poster boy for gay empowerment, which included a June cover story in *Rolling Stone* magazine.

"I'm trying to be a singer, not a civil-rights leader," Lambert told the magazine.

But the tour has been a positive experience, he noted.

"I've met a lot of fans both before and after the show, people that you wouldn't suspect would be open to that (being gay). I think it's really cool," Lambert said. "I'm not consciously trying to change people's moral opinions on anything. I really am trying to focus on the music. And if as an indirect result, (people) are more open to different types of lifestyles, then that's awesome, I'm thrilled about that. But

that's not my goal."

A handful of members of the infamously virulent and anti-gay Westboro Baptist Church of Topeka, Kansas picketed a show in San Jose, Calif., but it was barely noticed, Lambert said.

Lambert also takes an opportunity to bid adieu to Idol judge Paula Abdul, who recently announced she's not returning for Season 9 — "she will be greatly missed by the audience," said Lambert, who considers her a friend, and to squelch a rumour started by *Billboard* magazine that he's about to become the new front man for iconic British rock band Queen.

"That's false. That's been a big old rumour that the media kind of perpetuated," Lambert said.

Like Season 8 winner Chris Allen, Lambert is in fact on a project of his own, an as-yet untitled album set for release in November. When the Idol tour ends on Sept. 15, he's got about four weeks to "really hit it hard and finish it all up."

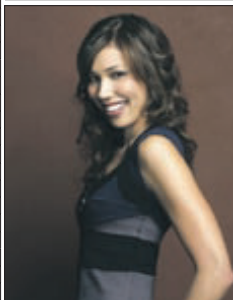
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	408 418 27 net	Heads-Up Poker		Best Damn Top 50 Special		MMA Conn	UFC: Access	Sportsnet Connected		UFC Ult. 100
	410 403 30 SCORE	(5) RaceNight		Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score
sports	411 457 44 OLN	Survivor		Ghost Hunters		Dog the Bounty Hunter		Survivor		Ghost Hunters
	417 406 48 SPEED	Pass Time (N)		Wrecked		Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time
	552 543 20 YTV	iCarly		In Real Life		Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj	Falcon Beach
	557 541 39 FAM	Zoe 101		Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Ned's School
	555 545 67 TOON	Ben 10		Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad
	575 583 11 CMT	Reba		Reba	Hope & Faith		Taylor Swift: One on One	Home Improve.	Home Improve.	Reba
	553 546 17 TREE	Little Bear		Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-Jan
	- - 18 CHTV	The Insider (N)		EI News	Psych (N)		D. Richards	Kendra	Kardashians	Candy Girls
	505 398 19 TWIN	(5) EarthWatch One		EarthWatch One		EarthWatch Two		Grocery Bag	Grocery	Love It or List It
	602 568 23 TW	Style by Jury		Style by Jury	Friends	Grocery Bag	Grocery	Police Women of Broward	Truth Be Told Hoarders.	Toddler-Tiara
family	521 560 24 WLC	Truth Be Told Hoarders.		Toddler-Tiara	(N)	Opening Soon	Opening Soon	Unwrapped	Unwrapped	Diner, Drive-In
	603 561 25 FOOD	Iron Chef America		The Next Food Network Star		Crisis Angel Mindbreak		Dog the Bounty Hunter		Bounty Hunter
	615 520 26 A&E	Dog the Bounty Hunter		The Outlier Limits		The Guard (HDTV)		Lost Behind Bars (2006, Suspense)		Trading Sp
	617 522 32 SHOW	Trailer Park		Trailer Park		ET Canada	Til Debt-Part	Real Housewives OC		
	601 562 33 SLICE	End of Leash		End of Leash		Contact *** (1997, Science Fiction)		Jodie Foster, Matthew McConaughey.		
	- 633 34 ENC2	(7:15) The Operative * (2001, Action)		Brian Bosworth.		Daily Planet		Mayday "Out of Control"		Mighty Ships
	520 505 35 DISC	Deadliest Catch		Wingfield		Law & Order		Without a Trace		Color-Paradise
	520 523 36 BRVCH	Wingfield		Speaking Volumes		My Fellow Americans *** (1996, Comedy), Dan Aykroyd		Test Pilot *** (1938, Adventure) Clark Gable.		Straight Talk
	294 650 40 WPAO	(6) Interview With the Vampire (1994)		Seinfeld		22 Minutes	Corner Gas	The Simpsons	South Park	Jon Dore Show
	626 547 41 COM	Laughs		Comey Now	Air Force	22 Minutes	Corner Gas	The Simpsons	South Park	Jon Dore Show
cable variety	- 539 42 TCM	Red Dust		Mogambo *** (1953, Adventure) Clark Gable, (DVS)		Carrie Fisher.		Madden NFL	MANswers	Disorderly
	628 584 43 SPIKE	Star Wars VI: Return of the Jedi *** (1983, Science Fiction) Mark Hamill,		Cities of the Underworld		NCIS "Angel of Death"		Ice Road Truckers		NCIS
	622 516 45 HIST	Crime Stories		Stormworld (N)	Stormworld (N)	Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	622 528 46 SPACE	Primeval		Fight Club *** (1999, Suspense) Brad Pitt, Edward Norton, Helena Bonham Carter.		What Happen?		Deal or No Deal Canada		Star Trek: Nem
	- 47 AMC	(6) Out for Justice		The Crow: Stairway to Heaven		House Hunters		House Hunters		Big City Broker
	619 525 49 TROPS	Office Temps		Property Virgin	Hide Potential	News	CTV News Tonight	Headline	Market Call	Commodities
	600 564 50 HGTV	Property Virgin		Hide Potential		News	CTV News Tonight	Headline	Market Call	Commodities
	501 391 52 CTV	CTV News Tonight		Market Call		Mediums	Psychic Detect	Yours	Vitality	Miywaywayin
	504 508 70 BNN	Taking Stock		The Closer "Next of Kin"		Canadian Geographic		World News	News	Find. Our Talk
	526 507 92 VIVA	The Closer "Next of Kin"		Smoke From His Fire		World News	News	World News	News	Wings-Canada
cable variety	269 350 93 APTN	Canadian Geographic		Smoke From His Fire		World News	News	World News	News	Sabor Musical
	- 94 MCM	World News		Smoke From His Fire		World News	News	World News	News	Entourage
	571 581 100 MMM	mmtop10.ca		Smoke From His Fire		World News	News	World News	News	Entourage
	570 580 101 MM	Making His Band		Smoke From His Fire		World News	News	World News	News	Entourage
	581 566 102 MTV	The Real World		Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage
				Smoke From His Fire		World News	News	World News	News	Entourage

critics'corner

Bones

You haven't seen "Bones" until you've seen Brennan and Booth (Emily Deschanel, David Boreanaz) steal a dead body in the middle of his wake. The deceased is a co-worker of Brennan's whose official cause of death is heart failure, but one look at him and she's convinced it was murder. But because he's going to be cremated that day, they need to get him out of there to find out for sure. Michaela Conlin also stars. 9 PM on CICT, KAYU



The New Adventures of Old Christine

Christine (Julia Louis-Dreyfus) is getting married! Who's the lucky guy? Um, actually it's Barb (Wanda Sykes). She's in danger of being deported to the Bahamas, so Christine, like a good friend, offers to marry her so she can stay. She's not the only one hearing wedding bells, though; Richard (Clark Gregg) has decided to pop the question to New Christine (Emily Rutherford) in "A Decent Proposal." 9 PM on KREM ACCESS

In brief

COMEDY It's an Arrested Development reunion at Fox. The Emmy-winning series' creator/executive producer, Mitch Hurwitz, co-star Will Arnett and co-executive producer Jim Vallely have teamed for another single-camera Fox comedy.

FINALE Fox's animated comedy King of the Hill will bow out after 13 seasons with an hourlong finale Sept. 13.

MOVIES Focus Features will finance, produce and distribute the next film from the writer-director team behind the 2006 drama Half Nelson, which garnered a best actor Oscar nomination for Ryan Gosling. It's Kind of a Funny Story is a coming-of-age comedy-drama.

PEOPLE It's confirmed that Simon Cowell will be a judge on American Idol for at least three more seasons.

REUTERS

Kenya'sStyle

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

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PRIZE PACK CONSISTS OF:

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- A Tarantino DVD library
- An Inglourious Basterds soundtrack from Warner Music
- An autographed poster



**WHAT IS
BRAD PITT'S
CHARACTER'S
NAME IN
INGLOURIOUS
BASTERDS?**

"UTTERLY GLORIOUS...TRIUMPHANT FILMMAKING."
ROBBIE COLLIN, NEWS OF THE WORLD

**"QUENTIN
TARANTINO
HAS OUTDONE
HIMSELF..."**

**A BRILLIANTLY
DIRECTED
THRILLER."**
LARRY KING, CNN

**"DAZZLING...
TARANTINO
IS BACK ON
EXHILARATING
FORM."**

CHRIS HEWITT, EMPIRE

**"ALL-GUNS
BLAZING
ENTERTAINMENT."**

MARK ADAMS, SUNDAY MIRROR



IN THEATRES EVERYWHERE AUGUST 21

Visit **metronews.ca** to find the answer to this question
and to enter for your chance to WIN!



No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 29, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca





Singer Jennifer Hudson gave birth to her first child, David Daniel Otunga, Jr., on Monday. He is named after Hudson's fiancé, David Otunga. "The baby is beautiful and perfect," says Hudson's publicist Lisa Kasteler. "His parents are ecstatic." **METRO NEWS SERVICES**

Hudson's first baby

Celebrity Buzz

Nicole's pregnancy fix: In-N-Out

MUST-HAVE With Nicole Richie due to have their second child in weeks, papa Joel Madden dishes on Richie's pregnancy cravings, people.com reports.

In lieu of the pickles and ice-cream combos demanded by some women, Madden tells People that the expectant mama has kept her list short.

Unfortunately, the simple requests come at a

high price: While Richie's cravings may be limited to hamburgers from California's In-N-Out chain, the hunger pangs can occur any time — day or night.

"It's usually about two or three in the morning, and that's on me," Madden, 30, said. "I'm the one that has to run out — either go make her a sandwich or go to In-N-Out or whatever she wants at any given time."

METRO NEWS SERVICES



MJ's autopsy results kept hush-hush

UNDER WRAPS Michael Jackson's final autopsy report is for detectives' eyes only, people.com reports.

The Los Angeles coroner has completed its investigation into the death of Jackson, but the LAPD has asked for a security hold on the results as it continues its investigation.

Los Angeles police and federal drug investigators have launched a manslaughter probe apparently focusing on Jackson's personal physician,

Dr. Conrad Murray, but also including other doctors, whose records have been seized.

The investigation has looked into the role the powerful anesthesia Propofol may have played.

Murray was treating Jackson when the entertainer

was stricken at home.

"The extension of security measures will help maintain the integrity of the investigation and allow investigators from LAPD's Robbery Homicide Division, as well as our partner law enforcement agencies to continue

their investigation," the LAPD added. "The investigation being conducted by the LAPD has included dozens of individual interviews and the service of search warrants locally and out-of-state."

Miranda Sevcik, a spokeswoman for Murray's attorney Ed Chernoff, told People: "All we can say on this latest development is that we look forward to reading the report when it comes out."

METRO NEWS SERVICES



Prince caught in \$300K rental row

BIG SPENDER Pop star Prince is embroiled in a lawsuit after allegedly failing to collect a \$300,000 US security deposit from a house he was renting, femalefirst.co.uk reports.

The Purple Rain singer was paying \$150,000 US a month to stay in a luxury property in Los Angeles and left without settling his \$300,000 security bond, according to legal papers obtained by

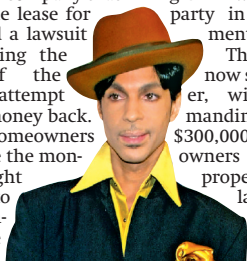
TMZ.com.

Property agents 3121 Rep Inc., the company that brokered the lease for Prince, filed a lawsuit in June suing the owners of the house in an attempt to get the money back.

But the homeowners want to give the money straight back to Prince, insisting the

superstar made all the payments himself, and claiming 3121 was just a third party in the arrangements.

The two sides are now suing each other, with 3121 demanding the \$300,000, while the owners of the L.A. property want their lawyer's fees paid. **METRO NEWS SERVICES**



LiLo and Sam reunite in Chicago?

SO HAPPY TOGETHER Lindsay Lohan surprised on-and-off girlfriend Samantha Ronson by showing up at her birthday party in Chicago, fuelling speculation that the tumultuous

twosome is back together. The pair had dinner with Lohan's younger sister, Ali Lo-

han, before heading out to catch a concert at the Hard Rock Hotel, according to Page Six source, who said, "Lindsay was being horribly loud." The pair headed to bar where a source saw them "fighting over which drink belonged to whom."

METRO NEWS SERVICES



Miley: I'm a 'Robby' convert

CHANGE OF HEART Miley Cyrus may have bashed Robert Pattinson in the past, saying, "Girls aren't really in love with him — they're in love with his Twilight character," but after meeting the heartthrob, she's changed her tune. "Gave a hug to Rob Pattinson today," Cyrus wrote on Twitter. "OK, girls, I get it now. So cute. Sorry 'Robby' about all my bashing in my past."

METRO WORLD NEWS



Stars rattled by Japan quake

CLOSE CALL Jessica Simpson feared she was "hallucinating" when she felt an earthquake in Japan, femalefirst.co.uk reports.

Simpson wrote on Twitter: "Thought I was hallucinating. I have never felt anything like this in

my life. Laying in bed watching CNN."

Beyoncé Knowles and her sister Solange also felt it. Solange tweeted: "My sister said she was scared out of her mind and calling my mom and I was snoring."

METRO NEWS SERVICES



A FAMILY PASS FOR FOUR TO SEE AN ADVANCE SCREENING OF

Saturday August 15, 2009

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 12, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca



DID DIARRHEA GET YOU?

ENTER FOR YOUR CHANCE TO

WIN

\$5,000 TO RE-CREATE A MOMENT RUINED BY DIARRHEA

SECONDARY PRIZE WINNER WILL RECEIVE \$300 CASH

Has an unstoppable bathroom emergency hit you when you least expected it? Tell us your most unforgettable diarrhea mishap for a chance to WIN.

(your story must be min 50 to max 100 words)

Here is this week's top diarrhea disaster:

"I was on an elevator on my way to a meeting (had to go 18 floors) when all of the sudden I had a terrible cramp in my stomach that nearly doubled me over. I had terrible pressure and felt that I needed to pass gas. I was the only one on the elevator so I thought what could be the harm...it was not gas...it was unexpected diarrhea! I had to get off the elevator early and find the nearest bathroom. I was shocked beyond belief and had to wash my underwear in the bathroom sink and pray to god it was a one-time occurrence. I had to go commando that day. I guess it could have been a lot worse. I look back on it now and laugh!" - S. Mitchell

Submit your story today at **metronews.ca**

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 26, 2009 at 11:59 pm. Odds of winning depend on number of entries received. For full contest rules and details visit www.metronews.ca





Today
Mostly sunny
23°C / 10°C



Thursday
Showers
18°C / 9°C



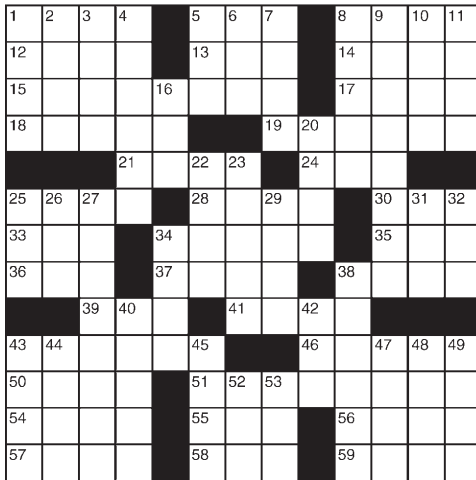
Friday
Partly cloudy
16°C / 8°C



Andrew Schultz, Weather Specialist – Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



1 Duchamp's art movement
5 Uncooked
8 Remain
12 Tel —
13 Blackbird
14 Vagrant
15 Downhill racer
17 Follow the rules
18 Follow
19 Food fish also called mahi mahi
21 Coagulate
24 Year-end abbr.
25 Familiar folks
28 Actress Campbell
30 Letterman's network
33 Id counterpart
34 Farm statistic
35 Erstwhile acorn
36 San Francisco's —
Hill
37 Ms. Moore
38 Wan
39 Singer Sumac
41 No neatnik

43 Urge earnestly
46 Eccentric
50 Tow
51 Admittedly
54 Advantage
55 Actor McBride
56 Black, in verse
57 Tree hugger?
58 Glutton
59 Ohio nine
1 Cornerstone

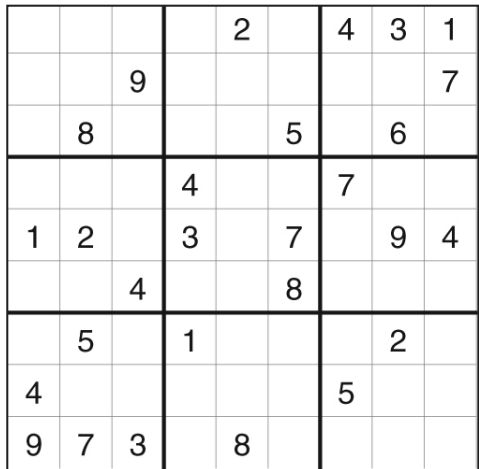
DOWN

info
2 Shakespeare's river
3 Firsties
4 Acknowledge
5 Scott Joplin's music
6 Ortiz of "Ugly Betty"
7 Kite flyer's need
8 Coast
9 Shag et al.
10 Sleeping
11 Vacillate
16 Solidify
20 Keatsian works
22 Formerly
23 Contract

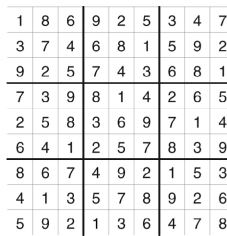
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

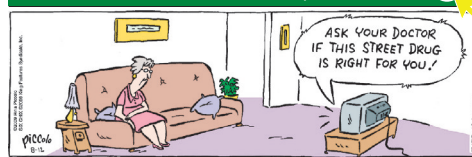


PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Take Five

Metro Recipe of the Day



Roasted Salmon with Sautéed Greens

INGREDIENTS:

1/4 cup (50 ml) balsamic vinegar
2 tbsp (25 ml) brown sugar
1 tsp (5 ml) mustard powder
1/2 tsp (2 ml) salt
1 1/4 lbs (625 g) salmon, cut into 4 pieces
1 tbsp (15 ml) olive oil
1 large red onion, cut into thin strips
8 oz (250 g) baby spinach

METHOD:

1. Preheat broiler. In small bowl, combine vinegar, brown sugar, mustard and salt. Brush 1/2 of mixture over salmon. Broil until opaque, 4 to 5 minutes, brushing with vinegar mixture after 2 minutes.
2. Meanwhile, heat oil in

large skillet over medium heat. Add onion and cook until lightly browned, 2 minutes. Cover and cook until tender, 2 minutes. Add spinach and cook, stirring, until almost wilted, 1 minute. Add remaining vinegar mixture and cook, stirring, until spinach is wilted and sauce thickens slightly, 1 minute.
3. Divide spinach mixture equally among 4 dinner plates. Top each serving with piece of salmon.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
The presence of someone you don't get along with is upsetting your emotional balance, so don't hang around. Have the confidence to get up and go.



TAURUS
APRIL 21-MAY 21
What happens today will give you a target to aim for, one you see as an exciting challenge rather than as a threat to be avoided.



LIBRA
SEPT 23-OCT 23
You may want to cut yourself off from the world and have some peace for a while but there is so much going on that it's not really an option.



SCORPIO
OCT 24-NOV 22
This will be a productive day, but try not to waste time and energy on tasks that bring little or no benefit to you personally.



GEMINI
MAY 22-JUNE 21
The most important thing today is that you stay calm in all situations. The second most important thing is that you keep recent setbacks in perspective.



SAGITTARIUS
NOV 23-DEC 21
You may not be getting the rewards you think you deserve but don't fret because a week or so from now your name will be up in lights.



CANCER
JUNE 22-JULY 22
Not everyone approves of your aims and ambitions, but why should that bother you? For too long you have tried to win certain people over.



CAPRICORN
DEC 22-JAN 20
A journey of some kind will be a lot of fun but it will also bring you face to face with situations you are not sure how to handle. That's good.



LEO
JULY 23-AUG 23
There may be all sorts of negative things going on in the world around you but you can, you must and you will remain positive today.



AQUARIUS
JAN 21-FEB 18
It may seem to some people that you have finally flipped your lid but in fact you have never been more rational. You see what others have missed.



VIRGO
AUG 24-SEPT 22
The obstacles you face may be huge but you have what it takes to overcome every last one of them. Never doubt that you were born to be special.



PISCES
FEB 19-MARCH 20
Make it your business to find out why a loved one is feeling low, then do something about it. Pisces to the rescue — again.



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Selection varies by store. While quantities last

ALSO
**** All** men's swimwear

14⁹⁹

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Pure NRG and more.
Selection varies by store. While quantities last



AND **40% OFF** **** All** men's reg.-priced
casual pants

*Second item must be of equal or lesser value and must accompany any returns.

**Excludes items with prices ending in .97, Special Purchases, Calvin Klein & Jockey[®] brands, '2 for' & '3 for' offers and denim pants.

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